

# WARD CENTERS

MARCH/APRIL 2009

inside:

➔ GREEN  
GOODIES  
FOR EVERY DAY

毎日楽しいエコ生活、  
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3・4月号[無料]

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The Best of the City | Gourmet Pizzas

# HONOLULU

HAWAII'S MAGAZINE SINCE 1888

## Best of Honolulu

**Dig into  
our city's  
best:**

DOUGHNUTS,  
MARGARITAS &  
MUSUBI

WHITE-KNUCKLE  
ADVENTURE

ROCK STAR  
HAIR STYLIST

PET TRAINER

**103**  
Best of  
Honolulu  
winners

MARCH 2009

\$4.99US



Best frozen yogurt,  
Menchie's





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### Stop the Fear, Take Action

Enough with the dark and dreary headlines about the recession. Instead of worrying about what the future may hold, we want to encourage you to take action. Here are some tips from 10 experts—including a credit counselor, a Buddhist bishop, and a marriage and family therapist—on what you can do, minus the nail-biting.

BY SHEILA SARHANGI

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### Art in a Storm

The troubled economy has spared no one, including Hawai'i's treasured arts and cultural institutions. They've been battered by layoffs and cutbacks. Is Hawai'i's art community sinking?

BY ANDREW ROSE

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### Best of Honolulu

It's that most wonderful time of year again, when we bring you the best the city has to offer. From stand-up paddling lessons to frozen yogurt, jazz clubs to dog trainers—we've scoured the Islands to find the best products, services, food and entertainment, all to help you live better in Honolulu.

BY TIFFANY HILL, CHRISTINE HITT, MICHAEL KEANY, ALICE KEESING, A. KAM NAPIER AND RENEE LEE

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For a huge serving of our annual Best of Honolulu story, including Best Yogurt, Menchie's, see page 68.



■ **Thirtyninehotel's Christian Self** raids Chinatown for fresh ingredients to make tasty cocktails.

## Best Mixologist

» **EDITORS' PICK** **Christian Self**, bar manager at thirty-ninehotel, doesn't actually like to be called a mixologist. He prefers the term "bar chef," a designation that makes sense once you check out his menu of gourmet cocktails. The Rose Petal, with pomegranate and European rose essence. The Thai Me Up, with basil, ginger and lemongrass. The Strawberry Fields, with strawberry, passionfruit and guava. "I try to get a lot of my ingredients locally, because we're sur-

rounded by an abundance of fresh produce here in Chinatown," he says. Self revamps his drink menu quarterly, and is always concocting new recipes. "People will come in and say, 'make me something delicious,' and I'll make them my newest thing," he says. "It's a test audience to experiment on." 599-2552, 39 Hotel St., [www.thirtyninehotel.com](http://www.thirtyninehotel.com).



ranging from staples such as avocado and guava to more exotic varieties you may never have heard of: mafai, wax jambu, black sapote. Simply drive up to the nursery, and you'll be armed with a fruit picker and a few plastic bags and set loose to forage

for whatever happens to be in season (this month, for example, you should be able to find ripe star apples and sapodillas). At the end, just pay for the stuff in your bag. "We get people who bring their kids so they can go picking for fun, and other people who come almost every week just to get fresh fruit," says Lynn Tsuruda, who owns the nursery along with Frank Sekiya. If you discover a favorite new fruit, you can even buy a tree to grow in your own backyard. Open almost every day from

9 a.m. to 4:30 p.m., call for hours. 41-999 Mahiku Place, Waimānalo, 259-8737, [www.frankiesnursery.com](http://www.frankiesnursery.com).

## Best Bread

» **EDITORS' PICK** Yummy varieties such as cinnamon chip and pumpkin chocolate chip alongside harvest white, high-five fiber, honey whole



wheat and three-cheese garlic make the **Great Harvest Bread Co.** a favorite for bread lovers. All the breads are made from scratch with fresh-ground grains, and no preservatives or additives. And with bread this fresh and delicious, it becomes hard to stay away. Cinnamon Raisin Walnut bread, anyone? Available in Kāhala, downtown, 'Aiea and Kailua. [www.greatharvesthawaii.com](http://www.greatharvesthawaii.com).

PHOTOS: DAVID CROXFORD



## Best Frozen Yogurt

» **EDITORS' PICK** Frozen yogurt came back with a vengeance in 2008, with a new crop of stores reinventing the once-staid dessert into a do-it-yourself experience: Mix and match flavors and pile on obscene amounts of toppings. Among the newbies, **Menchie's** comes out on top, with a rotating lineup of more than 50 flavors ranging from cake batter to peppermint to pomegranate, and 50 different toppings, including hot fudge and li hing mui powder. Our current project is to try out every possible flavor combination. *Ward Warehouse*, 1050 Ala Moana Blvd., 592-9292, [www.menchies.com](http://www.menchies.com).